

Nemaline Myopathy

is a rare medical condition that causes muscle weakness.



Weak Face + Throat Muscles:
People may have trouble speaking and/or swallowing



Weak Breathing Muscles:
People may need the help of breathing machines



Weak Body Muscles:
People may need wheelchairs or other physical support to get around

Nemaline Myopathy (NM) does not affect brain development or cognitive function like learning and thinking. It is not a degenerative disease and cannot be reversed through individual effort alone.



**A FOUNDATION
BUILDING
STRENGTH
FOR NEMALINE MYOPATHY**

is a nonprofit organization supporting research to develop medical treatments for Nemaline Myopathy.

Learn more about Nemaline Myopathy and how you can support the mission to find treatments.
www.buildingstrength.org

